



CASE REPORTS

Case Report: Osteodysplastic Gerodermia in PanamaIndira Herrera Rodríguez¹, Anyi Yu Pon¹, Teresa Chávez Peña¹, Mirna Chung¹, Oleg Saldaña¹¹) Hospital del Niño Dr. José Renán Esquivel, Department of Genetics, Panama, Rep. of Panama.

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**Abstract**

Gerodermia osteodysplastica (GO) is a rare genetic disease in which the inheritance is autosomal recessive within Cutis laxa disorders, it is characterized by a lax and wrinkled skin, osteoporosis leading to spontaneous fractures, congenital dislocation of the hips, hyperextensible joints, progeroid features, developmental delay and intellectual deficit. This is a condition caused by genetic mutations in the GORAB gene (1q24.2). **Case report:** We present the case of a 3-month-old infant with the typical phenotype of this condition, lax and wrinkled skin, specially the hands and feet, in addition to a knee dislocation. A panel testing for connective tissue disorders was performed, which identified an alteration in the GORAB gene, confirming the diagnosis de Gerodermia osteodysplastica.

INTRODUCTION

Osteodysplastic geroderma is an autosomal recessive genetic disorder caused by a mutation in the GORAB gene (1q24. 2), it is found within the Cutis laxa disorders, in recent studies mutations have been identified in patients with similar clinical phenotypes in the PYCR1 gene (17q25. 3).

This disorder was first described by Bamatter et al. in 1950 in members of a family of Swiss origin, at the time they saw similarities between them and Walt Disney characters and so they called it Walt Disney dwarfism [4]. Later studies were also based on this family and it was concluded that the disorder was hereditary, in addition to emphasizing the characteristics and clinical manifestations included in this disorder.

The phenotype of this disorder is very similar to other connective tissue pathologies, among which are the cutis laxa syndromes.

Caso Clínico: Gerodermia Osteodisplástica

Infant under 3 months of age, female, first child of a 15-year-old adolescent mother, who had 2 prenatal check-ups, no infections or complications during pregnancy, parents not related by blood according to the mother, family history denied. The patient was born at 40 weeks of gestation, via vaginal delivery without complications. APGAR 9/9, birth weight 2. 6 kg. During her initial evaluation they noted a lax, loose and redundant skin, giving the impression of an aged skin appearance, in addition to long fingers. The patient was discharged with her mother.

She was referred to the Genetics outpatient clinic since her neonatal period due to the findings on physical examination with suspicion of a connective tissue disease. In her first evaluation the typical phenotype of this syndrome was found, an elongated fascia, with a lax, dry skin, hyperlaxity, limbs with arachnodactyly, in addition she had right knee subluxation for which she was sent for evaluation with Orthopedics.

Initially, peripheral blood karyotype was performed with a result of 46 XX normal female. A molecular study with a genetic

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panel of connective tissue disorders was requested and confirmed the diagnostic suspicion of osteodysplastic geroderma, with mutation in the GORAB gene, variant c. 743G>C (p. Arg248Pro) in homozygote.

Examen físico actual.

Weight of 4.69 kg, size of 57 cm and head circumference of 37.5 cm. Alert, active and reactive to stimuli. Progeroid appearance. He had adequate cephalic support. Head with plagiocephaly, we palpate normotensive anterior fontanel,

elongated fascies, a lax, dry and wrinkled skin, especially at the level of hands, feet and back.

In addition, the patient also presented sparsely populated eyebrows, eyes with symmetrical pupils and preserved extraocular movements, follows with the gaze, low-set and large pinnae, bulbous nose, with anteverted nostrils, elongated philtrum, small mouth, with thin upper lip, high palate, micrognathia, neck with redundant skin, telethelia, abdomen with wrinkled appearance, soft and depressible, without palpable vis-

Table 1. Frequency in the characteristics found in osteodysplastic geroderma.

CHARACTERISTIC	DESCRIPTION	FREQUENCY
Abnormal bone ossification	Any abnormality in bone formation or the conversion of fibrous tissue or cartilage to bone.	Very frequent
Lax skin	A condition in which the skin can stretch more than normal.	Very frequent
Joint hyperlaxity	Increased joint mobility and flexibility	Very frequent
Osteoporosis	Decreased bone density with increased fragility of bone tissue	Very frequent
Spontaneous fractures	Increased tendency to fracture	Very frequent
Redundant skin	Flabby skin, mostly at the neck level	Very frequent
Short stature	Below -3 SD	Very frequent
Hypotonia	Decreased muscle tone	Frequent
Hip dislocation	Displacement of the femur from its usual location	Frequent
Scoliosis	Abnormal curvature of the spine	Frequent
Ophthalmologic alterations	Hypertelorism or altered visual acuity.	Infrequent
Intellectual disability	Mostly mild with IQ 50-69.	Infrequent
Malar flattening	Hypoplasia of the facial malar prominence	Infrequent
Prognathism	Abnormal protrusion of the mandible	Infrequent

Image 1. Frequent signs in Geroderma Osteodysplasia Osteodysplasia.



Photograph taken with the mother's permission showing some common symptoms in these patients. A. Characteristic phenotype of a progeroid appearance, elongated fascias with drooping cheeks, micrognathia and wrinkled and lax skin. B. Thin upper lip, telethelia and wrinkled abdomen. C. Abundant skin folds due to hyperlaxity in the upper limb. D. Asymmetry of lower limbs. E. Eutrophic female external genitalia, also with multiple folds on both thighs.

ceromegaly, female external genitalia apparently eutrophic, extremities with long fingers, hyperlaxity of joints, asymmetrical lower limbs, impressing left leg longer than right. Distal neurovascular was preserved.

Up to this moment with an adequate psychomotor development for her age.

We present some images of our patient, all with prior authorization of the mother for academic reasons.

Image 1 (continuation). Frequent signs in Geroderma Osteodysplasia Osteodysplasia.

F. Head with plagiocephaly, skin in posterior trunk with abundant folds. G. Hand with dry and wrinkled skin.

Evaluation by the Cardiology service:

Normal evaluation and discharged.

Evaluation by the Orthopedics service:

He remains on multidisciplinary follow-up with physical therapy and rehabilitation, early stimulation and orthopedics.

DISCUSSION

Osteodysplastic geroderma is a rare autosomal recessive connective tissue pathology of genetic origin with an incidence of < 1/1,000,000 and is more frequent in the Middle Eastern population. It was initially described by Bamatter et al. in a Swiss family and later more publications of this same family appeared.

Knowing that it is an entity due to a genetic mutation, it is important to approach families and offer them timely genetic counseling.

Multiple cases have been reported in Panama. So far, 2 cases have been reported at the Hospital del Niño Dr. José Renán Esquivel.

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The clinical presentation is quite variable, it can be seen from birth, it is characterized by the presence of facial dysmorphism, aged appearance of the skin, which is thin, hyperlax, with abundant folds and redundant, abnormal bone ossification, osteoporosis, recurrent fractures, hip dislocation, hyperlaxity of joints, short stature, growth retardation, hypotonia, ocular and visual disturbances, sometimes there are mild degrees of intellectual disability. Table 1 shows the frequency of presentation of each one [3].

In cases of severe osteopenia, where recurrent spontaneous fractures occur, the use of bisphosphonates has been recommended to help reduce these episodes. The management of this pathology requires a multidisciplinary approach with Orthopedics, Ophthalmology, Dermatology, Physical Therapy and Rehabilitation, Early Stimulation, Genetics and Mental Health.

These patients have a good prognosis and a normal life expectancy in most cases. As the person grows, there is improvement of symptoms and decrease of fracture episodes since there is strengthening of the bones and fewer falls or accidents occur.

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